

Altmore Children's Centre Virtual Activity Calendar July 20th - August 19th 2020



Monday	Tuesday	Wednesday	Thursday	Friday
<p>Little Champions 11:30 - 12:00 A targeted virtual session delivered via Zoom for families with children with SEND.</p> <p>Little Talkers 2:00 - 2:30 A targeted virtual session delivered by Zoom for families with children who need support to improve their language & communication skills</p> 	<p>Coffee Morning 11:30 - 12:00 A virtual session delivered by Zoom to give parents the opportunity to discuss everyday concerns and improve the health and wellbeing for you and your families.</p> <p>Advice on:</p> <ul style="list-style-type: none"> • Weaning • Toilet training • Behaviour • Child development • Oral Health • Support available after each session <p>Lynn from the Joyce Campbell Health Visiting Team will be joining us on: 21st July & 11th August</p>	<p>Sensory & Messy Play A pre-recorded fun activity to help develop children's senses and imagination when you're at home.</p>  <p>Altmore Children's Centre Altmore Avenue East Ham London E6 2BX 020 8552 6604 07939949878</p>	<p>Story Time Pre-recorded favourite stories to play back as often as you like.</p>  <p>HomeTime for children aged 5 and under. BookTrust have put together some fun stories and activities to help keep you and your child entertained when you're at home.</p> <p>Newham Food Bank We can supply families in crisis with a voucher. Please contact Vicky on 07961632920</p>	<p>Family Support Session Vicky our Family Support Worker is available to offer help and advice on any issues you may have including, benefits, housing, form filling or Covid-19 related issues. Please contact Vicky on 07961632920</p>  <p>Red - Adults groups Green - 0-5 years</p> <p>All virtual session will be created using Zoom. If you need help in downloading the Zoom App, please contact us.</p>
<p>To book, please email childrenscentre@alfederation.com or call 020 8552 6604 or message 07961632921</p>				

