

## Altmore Infant School

### Lunch Menu

Week 1 - 19 April, 10 May, 7 June, 19 July, 20 September, 11 October					
	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	'New York' Style Veggie Meatballs served with Penne Pasta	Homemade BBQ Chicken Pizza	Roast Chicken with lemon & thyme stuffing served with roast or new potatoes	"Catch of the Day" Pollock (Fish) in batter served with lemon mayo & chips	Choice of Cheese and Cucumber; Egg & Cress; Tuna & Sweetcorn sandwich and desert
Vegetarian Choice	Jacket Potato loaded with choice of Veggie Fillings	Homemade Mozzarella, tomato & basil pizza	Lentil Roast with Lemon & thyme Stuffing served with Roast or New Potatoes	Sweet Potato Topped Keema Spiced Vegetarian Shepherd's Pie (PB)	
Extra Choice	Veggie Sausage Hot Dog served in Baguette Roll (PB)	Chicken Paella Rice pot	Kickin' Tandoori chicken in naan bread	Veggie brunch muffin served with chips	
Sandwich	Cheese and Cucumber; Egg & Cress or Tuna & Sweetcorn	Cheese and Cucumber; Egg & Cress or Tuna & Sweetcorn	Cheese and Cucumber; Egg & Cress or Tuna & Sweetcorn	Cheese and Cucumber; Egg & Cress or Tuna & Sweetcorn	
Side dishes	Sweetcorn Fresh Broccoli	Garden beans Fresh carrots	Seasonal Vegetables	Garden peas Baked beans	
Counter Desert	Freshly Baked Apple & Sultana Crunch served with Ice Cream	Strawberry frozen yoghurt served with fruit salad	Jelly served with summer fruits	Freshly baked black forest slice	

PB – Plant Based

Week 2 – 26 April, 17 May, 14 June, 5 July, 6 September, 27 September, 18 October					
	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Greek Style Roast Vegetable Orzo Pasta bake with Pitta Fingers	BBQ Sausages with Mashed potatoes	Roast Turkey with Yorkshire Pudding served with potatoes	“Catch of the Day” Pollock (Fish) in batter served with Jacket wedges	Choice of Cheese and Cucumber; Egg & Cress; Tuna & Sweetcorn sandwich and desert
Vegetarian Choice	Oriental Vegetable & Quorn stir fry served with egg noodles	Sri Lankan Vegetable & Lentil Curry with Basmati Rice (PB)	Feta, spinach & Red Pepper Whirl served with roast or new potatoes	Potato Nachos served with veggie chilli, salsa & cheese	
Extra Choice	“The Vegan Burger” served with Tomato, mushroom & vegan mayo (PB) In Association with Forest Green Rovers	Chicken Fajita with peppers, salsa & crème fraiche	“Fishwich” served in a bun with tomato mayo	Homemade pizza slice served with Jacket wedges	
Sandwich	Cheese and Cucumber; Egg & Cress or Tuna & Sweetcorn	Cheese and Cucumber; Egg & Cress or Tuna & Sweetcorn	Cheese and Cucumber; Egg & Cress or Tuna & Sweetcorn	Cheese and Cucumber; Egg & Cress or Tuna & Sweetcorn	
Side dishes	Sweetcorn Fresh Broccoli	Green beans Fresh carrots	Seasonal Vegetables	Garden peas Baked beans	
Counter Desert	Raspberry ripple ice cream sponge	Freshly baked chocolate sponge with chocolate custard	Plum crumble served with vanilla ice cream	Belgian style waffle served with fruit salad	

PB – Plant Based

Week 3 – 3 May, 24 May, 21 June, 12 July, 13 September, 4 October					
	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Main Choice	Japanese Quorn Katsu Curry served with Oriental Vegetable Stir Fry & Noodles	Creamy Fish Korma served with Basmati Rice & Raita	Roast Lamb & Yorkshire Pudding served with Roast or New Potatoes & Mint Sauce	“Catch of the Day” Pollock(Fish) in Batter served with Chips	Choice of Cheese and Cucumber; Egg & Cress; Tuna & Sweetcorn sandwich and desert
Vegetarian Choice	Butternut Squash Mac & Cheese with Rosemary Focaccia	Vegetarian Chilli served with Rice, Salsa & Crème Fraiche	Veggie Sausage ‘Toad in the Hole’ served with Roast or New Potatoes & Red Onion Gravy	Home-Made Veggie Sausage Roll served Chips (PB)	
Extra Choice	Mixed Bean Stacked Vegan Quesadilla (PB)	Lamb Burger served in a Bun with Salad & Jacket Wedges	“Greek on the Street” Chicken Souvlaki served in Folded Flatbread with Salad & Chilli Sauce	Tuna Wholemeal Hoagie Melt with Chips	
Sandwich	Cheese and Cucumber; Egg & Cress or Tuna & Sweetcorn	Cheese and Cucumber; Egg & Cress or Tuna & Sweetcorn	Cheese and Cucumber; Egg & Cress or Tuna & Sweetcorn	Cheese and Cucumber; Egg & Cress or Tuna & Sweetcorn	
Side dishes	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Garden Peas Baked Beans	
Counter Desert	Freshly Baked Banana Flapjack	Freshly Baked Lemon Meringue Sponge Cake	Frozen Fruit Smoothie	Freshly Baked Chocolate & Beetroot Cake served with Ice Cream	

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